

THE STORM 2017: FSHFC Youth Swim Team Registration and Season Information

- Coaches: Kimberly Pemberton, Teck Tan, Liz Jarvis, Catherine Hatfield, other junior coaches
- For children ages 5-18. Your child will be placed in their practice group by age and ability. First time swimmers must be evaluated by a coach before signing up. Call Jane 531-5082 to make appt.
- Swim Season Dates: May 2 thru end of July. Evening practices begin Tuesday, May 2. Daytime practices begin Tuesday, May 30. Come to as many as you can, missing for vacations, etc. is fine.
- Daytime Practices 8:30 am – 12 pm, Monday – Friday
- Evening Practices 7 – 8:30 pm, Tuesday and Thursday
- Fees: \$205 first child, \$190 second child, \$175 third child, \$160, \$50 for 5th child!
- The fees paid to Fort Sanders pay for: coaches' fees, meet entry fees, ribbons, dry land strength training with personal trainers, GKAIISA fees, pool and meet equipment, miscellaneous expenses, and team T-shirt
- Activity fee of \$25 for each child will be paid online to STORM team board
- NEW THIS SEASON FOR ALUMNI: Early Bird Registration: March 21 and 23 ---3:30-8:00 pm, on the outdoor pool deck. Alumni of competitive swim and STORM may pay ½ of fees, the rest will be due April 22.
- STORM WARNING: Open Registration Day-- Saturday, April 22 12:00-2:00 pm on the outdoor pool deck. Sign up, pay fees, get fitted for suits, purchase equipment. Swim and Tri will have a representative here for team suit fittings and any needed equipment will be available for sale.
- Equipment: practice suit, team suit, goggles, fins, pull buoy. Your coach will tell you what your child needs.
- Dry land strength training with personal trainer is included for 11 and up
- More coaches during practices for younger children
- We are in League 5 of GKAIISA: Greater Knoxville Area Interclub Swim Association
We swim against Newport, Clinton, Arnstein Jewish Center, National Fitness
- Swim Meets: One mock meet, two home meets, two away meets
- Parent Board President is Brandy Miller.
- ALL parents are required to volunteer in some way. Don't worry--we will teach you how to do new "jobs"
- Championship meets: 1) **Smoky Mountain Swim Meet, July 15 & 16:** Spring Brook Pool in Maryville. One day for 10 and under, second day for 11 and over. 2) **City Meet Championship July 28-30:** Allen Jones pool at UT. 11 and over is on Friday, 10 and under is Saturday, and the Finals for everyone is Sunday
- We look forward to a great season with Fun Fridays, a Fundraiser Obstacle Course day, and Fun Activities off campus
- Aquatics Manager, Jane Holland: 531-5082, Head Coach, Kimberly Pemberton: 310-5882
- SEE BACK PAGE FOR IMPORTANT DATES

IMPORTANT DATES:

- March 21 & 23, 3:30-8:00 pm: Early Bird Registration for Comp. Swim and STORM alumni, outdoor pool deck
- April 22, 12:00-2:00 pm: STORM WARNING Swim Team Sign-Up Day, outdoor pool deck
- May 2: Evening practices begin
- May 15: Computer training for technical side of running a swim meet (off campus)
- May 20: Officials training for Stroke and Turn, Starter, Referee (off campus)
- May 30: Daytime practices begin, evenings continue
- June 2: Mock meet and Picture Night
- July 15,16: Smoky Mountain Invitational Swim Meet
- July 28-30: City Swim Meet