

How to Sign up for Indoor Cycling Classes Online

EVEN IF YOU ALREADY HAVE THE FSHFC APP LOADED ON YOUR PHONE, YOU STILL NEED TO FOLLOW THE DIRECTIONS BELOW

Step 1: Go to the FSHFC website, scroll down to Member Resources and click on Class Schedule. Find the indoor cycling/spin class you want to take and click on SIGN UP NOW.

PLEASE DO NOT CREATE A NEW ACCOUNT – ALL MEMBERS ALREADY HAVE AN ACCOUNT SET UP

Step 2: Choose log-in option and use your email address you have on file with the business office then click “forgot password”. Instructions for setting up your password for your Mindbody log-in will be emailed to you. Hit “click” to create your password.

IF YOU ENTER AN EMAIL ADDRESS THAT IS DIFFERENT THAN THE EMAIL WE HAVE ON FILE, A MESSAGE WILL COME UP FOR YOU TO CONTACT THE BUSINESS OFFICE. CONTACT THE BUSINESS OFFICE TO VERIFY OR UPDATE YOUR EMAIL ADDRESS

Step 3: Once you have created your log-in for Mindbody, download the FSHFC app onto your device. If you have the app, open it up.

Step 4: Create an account using your phone number as the ID and select your own passcode (a 4 digit number)

Step 5: On the FSHFC app, go to “Find a class”

Step 6: Scroll to the spin class you want to attend, select that class and hit ENROLL (you can book the class 24 hours in advance).

Step 7: Initially, you will need to log-in using your Mindbody log-in information. Hit “Confirm” to enroll. When you go back to the class schedule, you will see confirmation of your enrollment next to the class.

Step 8: If you need to cancel, please go on line and DROP your reservation.