

*'Tis the season...  
to relax in the pool!*



FORT SANDERS  
*Health & Fitness*  
CENTER  
A FIVE STAR CLUB ★★★★★  
Covenant  
HEALTH

# Start making a list and checking it twice...it's Christmas in July!

Share this card with a friend and enjoy a gift for each of you! You will receive one month's dues FREE when your friend joins and they will receive \$50 off enrollment and their choice of one of the following gifts:

- (2) 30-minute Tennis Lessons*
- (2) 30-minute Swim Lessons*
- (5) Smart Start Training Sessions*
- (5) Les Mills GRIT Small Group Training Sessions*
- (1) 3 Month Kid's Karate Session*
- (1) Month N.E.W.U Weight Management Program*

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Newly referred member name

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Current member name

*Thanks to all of our current members  
for helping grow the FSHFC family!*

*Offer ends July 31, 2017*

