




SUN	MON	TUE	WED	THU	FRI	SAT							
<u>MAY CHANGES.....</u>													
Thursdays new line up Studio #1: 5:30 BodyStep 45 6:20 Total Core 20 6:45 BodyCombat 45													
Thursday Pilates Yoga Fusion will be replaced with BodyFlow...													
Cancelled: Saturday 11:30 SPIN/RPM Sunday 3:00 SPIN/RPM													
		1	2	3	4	5							
		6:00 BA (1) 6:00 BF (3) 8:00 T&B (3) 8:30 SPIN (2) 8:30 KB (1) 9:00 Aqua-IT (P) 9:00 BF (3) 9:30 BA (1) 10:00 Yoga (3) 10:30 BP (1) 11:00 Joint (P) 11:00 Barre (3) 12:00 M&M 45 (1) 12:00 Zumba/CD (3) 1:00 Aqua Flow (P) 1:30 Parkinson's (2) 4:30 BST/BP 70 (1) 4:30 Barre (3) 5:30 BF (3) 5:45 PM 45 (1) 6:30 Spin-RPM (2) 6:30 BC (1) 6:35 Barre 30 (3)	Ashley Lara Kari Cindy Shana Wendy Cassie Eric Lori Cassie/Sarah Karen K Shana Kate Dani Debbie Kari Stacie Chloe Karen Sommer Mariah Rebecca Karen	6:00 HIIT 45 (1) 6:00 SPIN (2) 8:30 PM (1) 9:00 Aqua-DW (P) 9:00 PL (3) 9:30 CS 45 (1) 10:00 Joint (P) 10:15 CXworx (1) 10:15 Yoga (3) 10:45 GL (1) 11:00 Aqua (P) 11:30 Beg Tai Chi (3) 12:00 BP 45 (1) 12:00 SPIN (2) 12:30 Int Tai Chi (3) 1:00 T&B (1) 2:15 GF Yoga (3) 5:00 POUND (3) 5:00 Zumba/CD (1) 5:45 Spin-RPM (2) 6:00 Aqua (P) 6:00 BP (1) 6:00 Yoga (3) 7:00 Feldenkrais (3)	Nancy Joe Dani Donna Lori Shana Donna Shana Sunny Kate Lara Katie Jane Bill/Linda Susan Susan Alesia Julie Megan Kristi Stacie Lori Debbie	6:00 BP (1) 8:00 T&B (3) 8:30 SPIN (2) 8:30 BSS (1) 9:00 Aqua-IT (P) 9:30 BF (3) 9:30 BST (1) 10:30 Feldenkrais (3) 10:30 BP (1) 12:00 Zumba /CD (3) 12:00 M&M 45 (1) 1:30 Parkinsons (2) 4:30 BA (1) 4:30 Barre (3) 5:30 BST 45 (1) 5:30 BodyFlow (3) 6:20 Total Core 20 (1) 6:30 PM (3) 6:45 BC 45 (1) 7:30 Zumba/CD (1)	Nancy Debbie Lori Eric Kari Lara Sarah Debbie Sarah/Stephanie Chloe Sunny Nancy Shana Linda Stacie Kristi Stacie Shannon Ashley Ildiko	6:00 HIIT 45 (1) 6:00 SPIN (2) 8:30 BP (1) 8:30 Pilates (3) 9:00 Aqua (P) 9:35 BF (3) 10:40 Yoga (3) 10:00 Joint (P) 10:30 GL (1) 10:40 Yoga (3) 11:00 Aqua (P) 11:30 BST/BP 75 (1) 12:00 SPIN-RPM (2) 1:00 Zumba Gold (1) 1:30 Parkinsons (2) 2:15 Feldenkrais (3) 4:30 Step Sculpt (1) 5:30 BP (1) 6:30 BodyAttack (1)	Kate Kari Cassie Sunny Kate Cassie Kristi Susan Dani Lori Susan Lara Meg Debbie Kari Debbie Dani Shannon Sarah	8:00 BST (1) 8:00 SPIN (2) 9:00 Aqua (P) 9:00 BF (1) 9:00 BF (3) 10:00 BA (1) 10:00 POUND(3) 11:00 PM(1) 11:15 Yoga(3) 11:30 SPIN-RPM (2) 12:00 Zumba/CD (1) 12:30 Barre (3)	Sunny Joe Pam Allison/Stacie Ashleigh Stacie Ashleigh Kate Susan CANCELLED Allyson Linda		
	6	7	8	9	10	11							
11:30 BST/BP 90 (1) 12:00 SPIN-RPM (2) 1:00 M&M 45 (1) 1:00 Yoga (3) 1:50 BC (1) 2:15 Barre (3) 3:00 SPIN (2) 3:15 GF Yoga 45 (3) 2:55 BP (1) 4:00 Zumba/CD (1) 4:05 BF (3)	Sarah Meg Eric Shana Linda Shana CANCELLED Carla Ashley/Danielle Fumika Carla	6:00 BC/BP (1) 6:00 SPIN-RPM (2) 8:00 Barre (3) 8:15 BST (1) 9:00 Aqua (P) 9:00 PL (3) 10:15 Yoga 45 (1) 10:00 Joint (P) 10:05 Total Core (1) 10:15 Yoga (3) 10:45 GL (1) 11:00 Aqua (P) 12:00 BF (3) 12:00 SPIN (2) 1:00 Cardio Str.(1) 4:30 CS 45 (1) 5:00 POUND (3) 5:15 CXworx (1) 5:45 BA 45 (1) 6:00 Aqua (P) 6:00 Yoga (3) 6:30 BP (1) 7:15 SPIN (2) 7:30 Zumba (1)	Ashley Meg Sunny Lara Stephanie Kari Deb Sommer Stephanie Eric Shana Eric Chloe Katie Chris Pam Shana Allyson Shana Shannon Kate Wendy Stacie/Shannon Chris O Ildiko	6:00 BA (1) 6:00 BF (3) 8:00 T&B (3) 8:30 SPIN (2) 8:30 KB (1) 9:00 Aqua-IT (P) 9:00 BF (3) 9:30 BA (1) 10:00 Yoga (3) 10:30 BP (1) 11:00 Joint (P) 11:00 Barre (3) 12:00 M&M 45 (1) 12:00 Zumba/CD (3) 1:00 Aqua Flow (P) 1:30 Parkinson's (2) 4:30 BST/BP 70 (1) 4:30 Barre (3) 5:30 BF (3) 5:45 PM 45 (1) 6:30 Spin-RPM (2) 6:30 BC (1) 6:35 Barre 30 (3)	Shana Lara Kari Jane Stephanie Cassie Ashley Susan Cassie/Sarah Karen K Chloe Shannon Chloe Debbie Kari Alesia Karen Katie Mary Alex Megan Shannon Mary Alex	6:00 HIIT 45 (1) 6:00 SPIN (2) 8:30 PM (1) 9:00 Aqua-DW (P) 9:00 PL (3) 9:30 CS 45 (1) 10:00 Joint (P) 10:15 CXworx (1) 10:15 Yoga (3) 10:45 GL (1) 11:00 Aqua (P) 11:30 Beg Tai Chi (3) 12:00 BP 45 (1) 12:00 SPIN (2) 12:30 Int Tai Chi (3) 1:00 T&B (1) 2:15 GF Yoga (3) 5:00 POUND (3) 5:00 Zumba/CD (1) 5:45 Spin-RPM (2) 6:00 Aqua (P) 6:00 BP (1) 6:00 Yoga (3) 7:00 Feldenkrais (3)	Nancy Joe Shana Chloe Karen Carla Donna Carla Karen Sunny Donna Bill/Linda Megan Katie Bill/Linda Susan Lori Ashleigh Dani Ashley Kristi Stacie Alesia Debbie	6:00 BP (1) 8:00 T&B (3) 8:30 SPIN-RPM (2) 8:30 BSS (1) 9:00 Aqua-IT (P) 9:30 BF (3) 9:30 BST (1) 10:30 Feldenkrais (3) 10:30 BP (1) 12:00 Zumba /CD (3) 12:00 M&M 45 (1) 1:30 Parkinsons (2) 4:30 BA (1) 4:30 Barre (3) 5:30 BST 45 (1) 5:30 BodyFlow (3) 6:20 Total Core 20 (1) 6:30 PM (3) 6:45 BC 45 (1) 7:30 Zumba/CD (1)	Stephanie Kari Erika Lori Wendy Cassie Sunny Debbie Allison/Ashley Julie Mary Alex Nancy Stacie Shana Stacie Linda Stacie Kristi Rebecca Ildiko	6:00 HIIT 45 (1) 6:00 SPIN (2) 8:30 BP (1) 8:30 Pilates (3) 9:00 Aqua (P) 9:35 BF (3) 9:30 KB (1) 10:00 Joint (P) 10:30 GL (1) 10:40 Yoga (3) 11:00 Aqua (P) 11:30 BodyAttack (1) 12:00 SPIN (2) 1:00 Zumba Gold (1) 1:30 Parkinsons (2) 2:15 Feldenkrais (3) 4:30 Step Sculpt (1) 5:30 BP (1) 6:30 BodyCombat(1)	Kate Stephanie Carla Wendy Lara Carla Alesia Lara Katie Sunny Nancy Shana Lori Debbie Julie Debbie Dani Shannon Linda	8:00 BST (1) 8:00 SPIN (2) 9:00 Aqua (P) 9:00 BF (1) 9:00 BF (3) 10:00 BA (1) 10:00 POUND (3) 11:00 PM(1) 11:15 Yoga(3) 11:30 SPIN-RPM (2) 12:00 Zumba/CD (1) 12:30 Barre (3)	Carla Nancy Linda Sheila/Carla Kristi Ashley Kristi Dani Sheila CANCELLED Julie Karen
						12							

(1) = Studio #1 (2) = Studio #2 (3) = Studio #3 (P) = Pool

All classes are 50-55 minutes in length Unless otherwise noted with a number after (ie... BST/BP 90, class is 90 minutes in length)

BA=BodyAttack	BC= BodyCombat	BF=BodyFlow	BP=BodyPump	BST=Body Step	BSS=Bosu, Stability, Strength	CS=Cardio Step	FF=Forever Fit	GL=Go Low
HIIT=High Intensity Interval Training	KB=Kickboxing	M&M=Metabolic Meltdown		PYF = Pilates Yoga Fusion	PL=Pilates	PM=Pure Muscle	T&B=Tone & Balance	
Indoor Cycling..... SPIN Classes will focus on Coach by Color and FTW (Functional Threshold Watt) training					Spin-RPM—Les Mills Indoor Cycling Program			

<p>13</p> <p>11:30 BST/BP 90 (1) 12:00 SPIN (2) 1:00 M&M 45 (1) 1:00 Yoga (3) 1:50 BC (1) 2:15 Barre (3) 3:00 SPIN (2) 3:15 GF Yoga 45 (3) 2:55 BP (1) 4:00 Zumba/CD (1) 4:05 BF (3)</p> <p>Stacie Shana Kate Alesia Ashley Mary Alex CANCELLED Susan Ashley/Allison Dani Sheila</p>	<p>14</p> <p>6:00 BC/BP (1) 6:00 SPIN (2) 8:00 Barre (3) 8:15 BST (1) 9:00 Aqua (P) 9:00 PL (3) 9:15 PM 45 (1) 10:00 Joint (P) 10:05 Total Core(1) 10:15 Yoga (3) 10:45 GL (1) 11:00 Aqua (P) 12:00 BF (3) 12:00 SPIN (2) 1:00 Cardio Str.(1) 4:30 CS 45 (1) 5:00 POUND (3) 5:15 CXworx (1) 5:45 BA 45 (1) 6:00 Aqua (P) 6:00 Yoga (3) 6:30 BP (1) 7:15 SPIN (2) 7:30 Zumba (1)</p> <p>Ashley Nancy Shana Stephanie Chloe Deb Sommer Lara Stephanie Lori Dani Lara Katie Chris Pam Shana Alesia Kate Kate Shannon Wendy Megan/Stacie Chris O Ildiko</p>	<p>15</p> <p>6:00 BA (1) 6:00 BF (3) 8:00 T&B (3) 8:30 SPIN (2) 8:30 KB (1) 9:00 Aqua-IT (P) 9:00 BF (3) 9:30 BA (1) 10:00 Yoga (3) 10:30 BP (1) 11:00 Joint (P) 11:00 Barre (3) 12:00 M&M 45 (1) 12:00 Zumba/CD (3) 1:00 Aqua Flow (P) 1:30 Parkinson's (2) 4:30 BST/BP 70 (1) 4:30 Barre (3) 5:30 BF (3) 5:45 PM 45 (1) 6:30 Spin-RPM (2) 6:30 BC (1) 6:35 Barre 30 (3)</p> <p>Stacie Lara Kari Cindy Stephanie Shannon Danielle Eric Susan Shannon/Ashley Karen K Sunny Shana Sunny Debbie Kari Alesia Karen Karen Katie Meg Rebecca Chloe</p>	<p>16</p> <p>6:00 HIIT 45 (1) 6:00 SPIN (2) 8:30 PM (1) 9:00 Aqua-DW (P) 9:00 PL (3) 9:30 CS 45 (1) 10:00 Joint (P) 10:15 CXworx (1) 10:15 Yoga (3) 10:45 GL (1) 11:00 Aqua (P) 11:30 Beg Tai Chi (3) 12:00 BP 45 (1) 12:00 SPIN (2) 12:30 Int Tai Chi (3) 1:00 T&B (1) 2:15 GF Yoga (3) 5:00 POUND (3) 5:00 Zumba/CD (1) 5:45 Spin (2) 6:00 Aqua (P) 6:00 BP (1) 6:00 Yoga (3) 7:00 Feldenkrais (3)</p> <p>Kate Joe Lori Donna Karen Carla Donna Carla Karen Julie Susan Bill/Linda Katie Lara Bill/Linda Susan Lori Megan Sunny Wendy Kristi Sarah Sunny Debbie</p>	<p>17</p> <p>6:00 BP (1) 8:00 T&B (3) 8:30 SPIN (2) 8:30 BSS (1) 9:00 Aqua-IT (P) 9:30 BF (3) 9:30 BST (1) 10:30 Feldenkrais (3) 10:30 BP (1) 12:00 Zumba /CD (3) 12:00 M&M 45 (1) 1:30 Parkinsons (2) 4:30 BA (1) 4:30 Barre (3) 5:30 BST 45 (1) 5:30 BodyFlow (3) 6:20 Total Core 20 (1) 6:30 PM (3) 6:45 BC 45 (1) 7:30 Zumba/CD (1)</p> <p>Nancy Debbie Lori Kate Stephanie Lara Sarah Debbie Sarah/Lara Julie Sunny Nancy Stacie Shana Stephanie Ashleigh Ashley Sommer Ashley Ildiko</p>	<p>18</p> <p>6:00 HIIT 45 (1) 6:00 SPIN (2) 8:30 BP (1) 8:30 Pilates (3) 9:00 Aqua (P) 9:35 BF (3) 9:30 KB (1) 10:00 Joint (P) 10:30 GL (1) 10:40 Yoga (3) 11:00 Aqua (P) 11:30 BST/BP 75 (1) 12:00 SPIN (2) 1:00 Zumba Gold (1) 1:30 Parkinsons (2) 2:15 Feldenkrais (3) 4:30 Step Sculpt (1) 5:30 BP (1) 6:30 BodyAttack (1)</p> <p>Nancy Kari Alesia Lori Chloe Kristi Alesia Wendy Chloe Shana Wendy Lara Stephanie Debbie Julie Debbie Sunny Megan Shannon</p>	<p>19</p> <p>8:00 BST (1) 8:00 SPIN-RPM (2) 9:00 Aqua (P) 9:00 BP (1) 9:00 BF (3) 10:00 BA (1) 10:00 POUND (3) 11:00 PM(1) 11:15 Yoga(3) 11:30 SPIN-RPM (2) 12:00 Zumba/CD (1) 12:30 Barre (3)</p> <p>Stacie Mariah Pam Carla/Stacie Linda Shana Kristi Mary Alex Carla CANCELLED Ildiko Mary Alex</p>
<p>20</p> <p>11:30 BST/BP 90 (1) 12:00 SPIN-RPM (2) 1:00 M&M 45 (1) 1:00 Yoga (3) 1:50 BC (1) 2:15 Barre (3) 3:00 SPIN (2) 3:15 GF Yoga 45 (3) 2:55 BP (1) 4:00 Zumba/CD (1) 4:05 BF (3)</p> <p>Carla Ashley Mary Alex Lori Sarah Linda CANCELLED Wendy Megan/Sarah Allyson Linda</p>	<p>21</p> <p>6:00 BST/BP (1) 6:00 SPIN (2) 8:00 Barre (3) 8:15 BST (1) 9:00 Aqua (P) 9:00 PL (3) 9:15 PM 45 (1) 10:00 Joint (P) 10:05 CXworx (1) 10:15 Yoga (3) 10:45 GL (1) 11:00 Aqua (P) 12:00 BF (3) 12:00 SPIN (2) 1:00 Cardio Str.(1) 4:30 CS 45 (1) 5:00 POUND (3) 5:15 CXworx (1) 5:45 BA 45 (1) 6:00 Aqua (P) 6:00 Yoga (3) 6:30 BP (1) 7:15 SPIN (2) 7:30 Zumba (1)</p> <p>Nancy Kari Chloe Lara Stephanie Deb Shana Stephanie Shana Lori Shana Sunny Danielle Chris Pam Alesia Kristi Shannon Shannon Chloe Wendy Stacie/Ashley Chris O Ildiko</p>	<p>22</p> <p>6:00 BA (1) 6:00 BF (3) 8:00 T&B (3) 8:30 SPIN-RPM (2) 8:30 KB (1) 9:00 Aqua-IT (P) 9:00 BF (3) 9:30 BA (1) 10:00 Yoga (3) 10:30 BP (1) 11:00 Joint (P) 11:00 Barre (3) 12:00 M&M 45 (1) 12:00 Zumba/CD (3) 1:00 Aqua Flow (P) 1:30 Parkinson's (2) 4:30 BST/BP 70 (1) 4:30 Barre (3) 5:30 BF (3) 5:45 PM 45 (1) 6:30 Spin-RPM (2) 6:30 BC (1) 6:35 Barre 30 (3)</p> <p>Kate Lara Stephanie Erika Shana Kari Danielle Ashley Susan Allison/Megan Karen K Chloe Shannon Chloe Debbie Kari Sarah Sunny Katie Mary Alex Mariah Rebecca Mary Alex</p>	<p>23</p> <p>6:00 HIIT 45 (1) 6:00 SPIN (2) 8:30 PM (1) 9:00 Aqua-DW (P) 9:00 PL (3) 9:30 CS 45 (1) 10:00 Joint (P) 10:15 Total Core (1) 10:15 Yoga (3) 10:45 GL (1) 11:00 Aqua (P) 11:30 Beg Tai Chi (3) 12:00 BP 45 (1) 12:00 SPIN (2) 12:30 Int Tai Chi (3) 1:00 T&B (1) 2:15 GF Yoga (3) 5:00 POUND (3) 5:00 Zumba/CD (1) 5:45 Spin-RPM (2) 6:00 Aqua (P) 6:00 BP (1) 6:00 Yoga (3) 7:00 Feldenkrais (3)</p> <p>Allison Nancy Mary Alex Kate Karen Sunny Donna Sunny Karen Lori Donna Bill/Linda Stacie Jane Bill/Linda Susan Lori Megan Chloe Ashley Kristi Megan Shana Debbie</p>	<p>24</p> <p>6:00 BP (1) 8:00 T&B (3) 8:30 SPIN (2) 8:30 BSS (1) 9:00 Aqua-IT (P) 9:30 BF (3) 9:30 BST (1) 10:30 Feldenkrais (3) 10:30 BP (1) 12:00 Zumba /CD (3) 12:00 M&M 45 (1) 1:30 Parkinsons (2) 4:30 BA (1) 4:30 Barre (3) 5:30 BST 45 (1) 5:30 BodyFlow (3) 6:20 Total Core 20 (1) 6:30 PM (3) 6:45 BC 45 (1) 7:30 Zumba/CD (1)</p> <p>Nancy Debbie Lori Eric Wendy Danielle Alesia Debbie Ashley/Stephanie Julie Stephanie Nancy Sarah Linda Stacie Kristi Shannon Ildiko</p>	<p>25</p> <p>6:00 HIIT 45 (1) 6:00 SPIN (2) 8:30 BP (1) 8:30 Pilates (3) 9:00 Aqua (P) 9:35 BF (3) 9:30 KB (1) 10:00 Joint (P) 10:30 GL (1) 10:40 Yoga (3) 11:00 Aqua (P) 11:30 BodyAttack (1) 12:00 SPIN (2) 1:00 Zumba Gold (1) 1:30 Parkinsons (2) 2:15 Feldenkrais (3) 4:30 Step Sculpt (1) 5:30 BP (1) 6:30 BodyCombat (1)</p> <p>Kate Joe Carla Sunny Kristi Carla Alesia Kristi Stephanie Shana Nancy Eric Katie Debbie Julie Debbie Shana Ashley</p>	<p>26</p> <p>8:00 BST (1) 8:00 SPIN (2) 9:00 Aqua (P) 9:00 BP (1) 9:00 BF (3) 10:00 BA (1) 10:00 POUND (3) 11:00 PM(1) 11:15 Yoga(3) 11:30 SPIN-RPM (2) 12:00 Zumba/CD (1) 12:30 Barre (3)</p> <p>Stephanie Sheila Stephanie Sheila/Megan Ashleigh Kate Allyson Kate Wendy CANCELLED Ildiko Shana</p>
<p>27</p> <p>11:30 BST/BP 90 (1) 12:00 SPIN (2) 1:00 M&M 45 (1) 1:00 Yoga (3) 1:50 BC (1) 2:15 Barre (3) 3:00 SPIN (2) 3:15 GF Yoga 45 (3) 2:55 BP (1) 4:00 Zumba/CD (1) 4:05 BF (3)</p> <p>Carla Katie Kate Sheila Rebecca Susan CANCELLED Susan Danielle/Megan Fumika Ashleigh</p>	<p>28</p> <p>9:00 Aqua (P) 9:00 BodyAttack (1) 10:00 Aqua Flow (P) 10:00 BodyFlow (3) 10:00 BodyPump (1)</p> <p>Debbie Stacie Debbie Danielle Stacie</p> <p>Virtual Spin Available all day</p> <p>Club Hours 7:00am—6:00pm</p> 	<p>29</p> <p>6:00 BA (1) 6:00 BF (3) 8:00 T&B (3) 8:30 SPIN (2) 8:30 KB (1) 9:00 Aqua-IT (P) 9:00 BF (3) 9:30 BA (1) 10:00 Yoga (3) 10:30 BP (1) 11:00 Joint (P) 11:00 Barre (3) 12:00 M&M 45 (1) 12:00 Zumba/CD (3) 1:00 Aqua Flow (P) 1:30 Parkinson's (2) 4:30 BST/BP 70 (1) 4:30 Barre (3) 5:30 BF (3) 5:45 PM 45 (1) 6:30 Spin-RPM (2) 6:30 BC (1) 6:35 Barre 30 (3)</p> <p>Kate Kristi Jane Kari Stephanie Shannon Danielle Eric Shana Shannon/Megan Karen K Shana Shannon Fumika Debbie Kari Stacie Linda Karen Katie Megan Ashley Karen</p>	<p>30</p> <p>6:00 HIIT 45 (1) 6:00 SPIN (2) 8:30 PM (1) 9:00 Aqua-DW (P) 9:00 PL (3) 9:30 CS 45 (1) 10:00 Joint (P) 10:15 CXworx (1) 10:15 Yoga (3) 10:45 GL (1) 11:00 Aqua (P) 11:30 Beg Tai Chi (3) 12:00 BP 45 (1) 12:00 SPIN (2) 12:30 Int Tai Chi (3) 1:00 T&B (1) 2:15 GF Yoga (3) 5:00 POUND (3) 5:00 Zumba/CD (1) 5:45 Spin-RPM (2) 6:00 Aqua (P) 6:00 BP (1) 6:00 Yoga (3) 7:00 Feldenkrais (3)</p> <p>Allison Nancy Kate Donna Karen Shana Donna Shana Karen Shana Stephanie No Class Katie Jane No Class Susan Susan Ashleigh Allyson Mariah Kristi Ashley Wendy Debbie</p>	<p>31</p> <p>6:00 BP (1) 8:00 T&B (3) 8:30 SPIN-RPM (2) 8:30 BSS (1) 9:00 Aqua-IT (P) 9:30 BF (3) 9:30 BST (1) 10:30 Feldenkrais (3) 10:30 BP (1) 12:00 Zumba /CD (3) 12:00 M&M 45 (1) 1:30 Parkinsons (2) 4:30 BA (1) 4:30 Barre (3) 5:30 BST 45 (1) 5:30 BodyFlow (3) 6:20 Total Core 20 (1) 6:30 PM (3) 6:45 BC 45 (1) 7:30 Zumba/CD (1)</p> <p>Nancy Debbie Erika Eric Kari Ashleigh Stephanie Debbie Allison/Stephanie Julie Kate Nancy Shana Linda Stacie Linda Ashley Shannon Ashley Ildiko</p>	<p>★ Have a safe Memorial Weekend! ★</p>	