

# Kid City Activity Calendar November 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p>FORT SANDERS Health &amp; Fitness CENTER A FIVE STAR CLUB ★★★★★ Covenant HEALTH</p>				<b>1</b> <u>Toddlercize</u> 9:55am	<b>2</b> <u>Kick Start</u> 10:00am & 11:00am	<b>3</b>
<b>4</b>	<b>5</b> No Bouncercize!	<b>6</b> No KickStart! Knox Co. In-service Day	<b>7</b> No KickStart!	<b>8</b> <u>Toddlercize</u> 9:55am	<b>9</b> <u>Kick Start</u> 10:00am & 11:00am	<b>11</b>
<b>11</b>	<b>12</b> <u>Bouncercize</u> 10:00am & 10:45am	<b>13</b> <u>Kick Start</u> 10:00am	<b>14</b> <u>Kick Start</u> 9:45am & 10:45am	<b>15</b> <u>Toddlercize</u> 9:55am	<b>16</b> <u>Kick Start</u> 10:00am & 11:00am	<b>17</b>
<b>18</b>	<b>19</b> <u>Bouncercize</u> 10:00am & 10:45am	<b>20</b> <u>Kick Start</u> 10:00am	<b>21</b> No KickStart! Thanksgiving Holiday 7:50am-5:30pm	<b>22</b> Thanksgiving 8:30am - Noon 	<b>23</b> No Kickstart!! Thanksgiving Holiday 8:30am—5:30pm	<b>24</b>
<b>25</b>	<b>26</b> <u>Bouncercize</u> 10:00am & 10:45am	<b>27</b> <u>Kick Start</u> 10:00am	<b>28</b> <u>Kick Start</u> 9:45am & 10:45am	<b>29</b>	<b>30</b>	