

# The Kid Connection



## Welcome to Kid City and KidFit

We have so much to offer for children in two different areas. **Kid City** is located downstairs. This is the area for children from the ages of 12 weeks to 6 years. **KidFit** is located upstairs. This area is for children from the ages of 6 years to 13 years. When children are 6 they can be entered into Kid City or KidFit.

**November 2018**

### Regular Hours

#### Kid City

Mon. and Wed.

7:50am—8:30pm

Tues. and Thurs.

7:50am—7:45pm

Friday

7:50am—7:30pm

Saturday

8:30am—4:00pm

Sunday

12:50pm—6:00pm

#### KidFit

Mon. and Wed.

4:00pm—8:30pm

Tues. and Thurs.

4:00pm—7:45pm

Friday

4:00pm—7:30pm

Saturday

8:30am—4:00pm

Sunday

12:50pm—6:00pm

KidFit opens at 4:00pm Monday-Friday due to the fact that children that are KidFit age are in school. KidFit follows Knox County's School Schedule. Typically, when Knox County is out of school KidFit will open at 7:50am.

### Special Hours

#### Knox County In-service Day & Thanksgiving Hours:

Both Kid City and Kid Fit will be open all day on Tuesday, November 6th. On Wednesday, November 21st, both will be open from 7:50am—5:30pm. On Thanksgiving, November 22nd, both will be open from 8:30am-Noon. Friday, November 23rd, Kid City and Kid Fit will be open from 8:30am-5:30pm.



### Karate \*\*No class on 11/23/2018

Kid's Karate teaches self discipline, self-confidence, respect, commitment, and motivation. This class offers children the colored belt ranking system to show improvements throughout the class. You can attend one class for free to try it out!

October 5th-December 28th

- **When: Friday's at 5:00pm**
- **Where: Studio #3**
- **Ages: 4-13 year old.**
- **Cost: \$75 for the first child and 1/2 price for each additional child in the same family**
- **Sign up at Front Desk**



### Let's Recycle!

We will be recycling old markers, highlighters, dry erase markers, etc. Bring them in to Kid City to help us protect the environment!



### Photos/Videos

Just a reminder, pictures and videos may not be taken of children while they are in our care. Please see our policy or a staff member to address any questions about this.

## Kid City Classes

We want everyone to take advantage of the classes offered for children signed into Kid City. We ask that you arrive 5 to 10 minutes prior to class time in order to have sufficient time to set up. Please keep in mind that the classes are first come-first serve. You cannot reserve a spot ahead of time. To not disrupt others, we will not allow children to be picked up early or dropped off late to classes. Descriptions, ages, and times for each class are listed on the Kid City Activity Calendar. These are located outside of Kid City, along with the monthly Kid Connection Newsletter.

## Illness Policy

For the health of all members please refrain from bringing your child into group care if he or she: is obviously not feeling well, is in the first 24 hours of an antibiotic, is experiencing vomiting or diarrhea, has pink eye, has had a fever of 99 degrees or greater within the last 24 hours, or has the chicken pox rash or sores that has not completely scabbed over. The Kid City and KidFit staff are committed to maintaining a clean and healthy environment for all children. A copy of our Illness Policy can be found within our Kid City and KidFit Policy Packets as well as outside the Kid City door.

## Reminders

Parents must provide a diaper and a change of clothes for their child that is not potty trained. The diaper itself needs to have the child's name on it, or be in a diaper bag that is clearly labeled. Kid City has labels available if you need one.

## Use of Kid City and KidFit

Kid City and KidFit is for members or guests using the Fitness Center, the outside track or any of our amenities. Please remember to take your cell phone with you when going

## Information Packets

Please inquire with a staff member on your next visit if you need a current packet. This can answer any questions that you may have. It is required that all parents read and sign our Policy and Procedures Packet. New members will receive the packet thru our Membership Office.

## Contact Us

**If you have any questions you can always call the Youth Development Manager at 865-531-5106. You may also email to [fswyouth@covhlth.com](mailto:fswyouth@covhlth.com).**

Find us on  
Social Media!



Visit our website!  
[www.fshfc.com](http://www.fshfc.com)