












LES MILLS GRIT

CLASS SCHEDULE

| Time | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---------------|---|---|--|---|---|---|---|
| 9:15 - 9:45am |  |  |  |  |  |  | |
| 12-12:30pm |  | | | | | | |
| 1-1:30pm | | | | | | |  |
| 5:45-6:15pm |  |  | |  | | | |